



PRESS RELEASE  
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INSEP TO ORGANIZE AND PRESIDE OVER THE  
28<sup>TH</sup> ANNUAL CONGRESS OF THE EUROPEAN COLLEGE OF SPORT SCIENCE  
The Institute will unite the world's leading experts  
in sport science in Paris in July 2023

INSEP and its 11 academic partners in the Ile-de-France region have been chosen by the Executive Board of the European College of Sport Science (ECSS) to organize its 28th Annual Congress, from July 4 to 7, 2023 in Paris. One year before the Paris Olympic and Paralympic Games, one century after the 1924 edition, and 28 years after the very first ECSS congress in Nice, this event is already shaping up to be a must for the sport science community.



**Explore • Enlighten • Perform**

More than 3,000 participants and international speakers are expected to attend the congress, where they will explore the latest trends and cutting-edge research in sport science. The timing of the congress offers a unique opportunity for sport science researchers to present their findings in the run-up to the 2024 Olympic and Paralympic Games.

**INSEP at the heart of an awaited global event**

Following a bidding campaign which lasted several months, led by INSEP and with support from its valued partners, VIParis and numerous figures and entities, Paris has been selected to host one of the world's leading scientific events.

Experts and sport science enthusiasts will be welcomed for four days at the prestigious Palais des Congrès in Paris.

Founded in Nice in 1995, the ECSS is an international organization that aims to promote and disseminate high quality, innovative science within the sport science community. Following two years of isolation and virtual meetings, sport scientists were finally able to meet at the 27<sup>th</sup> ECSS Annual Congress in Sevilla 2022 and exchange the latest research in sport science.

The ECSS Paris 2023 Congress is a highly awaited, promising event.

**The 28<sup>th</sup> ECSS Annual Congress is now open to proposals for plenary sessions and symposia.  
Speakers may submit proposals until November 17, 2022.**

**The place to be for the most promising sport science projects!**

Since Paris was awarded the Olympic and Paralympic Games, it has stimulated many promising research initiatives and strong scientific networks dedicated to supporting high performance sport practitioners in the race for gold.

Research projects have emerged that cover the most exciting areas of sport science, such as:

- Athlete lifestyle,
- Injury prevention,
- Psychology,
- Human-material interactions,
- Learning and movement optimization,
- Paralympic performance,
- Training load monitoring,
- Big data and artificial intelligence.

The results of these projects are expected in 2023, creating fantastic momentum to share emerging knowledge within the sport science community and beyond during the 28<sup>th</sup> ECSS Congress in Paris.

In total, 13 universities and institutes from all over the Paris region, numerous French-speaking learned societies and national networks involved with research related to sport and physical activity, have joined the adventure. This large consortium offers the possibility of raising awareness among the general public about the current societal issues of sport science research: promotion of health through physical activity and the resulting societal impact on lifestyles, especially in urban areas, or the role of sport in relation to age, gender or disability issues.

*"We are striving to build a unique program for ECSS Paris 2023, fueled by inspiring science and memorable moments. The congress will host a joint ECSS-IOC symposium, where world-renowned researchers will share their work developed in the IOC research centers for the prevention of injuries and pathologies. In collaboration with ACAPS, we will host live translated sessions to ensure the inclusion of French-speaking researchers. We are also looking forward to organizing innovative satellites that bring together the sport industry, businesses and the scientific community. Finally, we are working with our partners and local authorities to organize unique social events in the heart of Paris that will provide an unforgettable experience for participants!"*

- **Gaël GUILHEM, Director of the Sport, Expertise and Performance Laboratory (SEP) and ECSS Paris 2023 Congress President.**

#### **About INSEP**

A key player in the national and international sports ecosystem, INSEP is home to most of the Olympic and Paralympic federations, 19 resident federations, and thus supports 800 athletes and 150 coaches dedicated to performance. The institute is a unique place, not only for training and living, but also for research and studies on sport, where resources are mobilized to develop a tailor-made program for each athlete. Dedicated to innovation in sport science, INSEP is positioned at the heart of this exciting international event, creating a unique pre-Olympic and Paralympic opportunity for the scientific community.

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